



100 वर्षों तक स्वस्थ,
सुखी व समृद्ध ज़िने के लिए



JEENA SIKHO LIFECARE LIMITED

REGD OFFICE: ZIRAKPUR, SCO 11, Kalgidhar Enclave, Baltana, 98283-91602, 98764-03632

DELHI, NEW MULTAN NAGAR : B-26, Opp. Metro Pillar No. 223, Rohtak Road, 98554-87770, 95554-61115

CIN NO.: U52601PB2017PLC046545

Email ID.: contact@jeenasikho.co.in

Ref. No. To.....

Dated

The Manager,
Listing Compliance Department
National Stock Exchange of India Ltd.
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL

ISIN: INE0J5801011

Sub: Prior intimation of board meeting.

Dear Sir/Madam,

Pursuant to regulation 29(1)(a) of SEBI (Listing Obligation & Disclosure Requirements) Regulations, 2015, the board meeting of our Company is scheduled to be held on Monday, July 25, 2022 at 4:00 P.M. at the registered office of the company situated at SCO 11 First Floor, Kalgidhar Enclave, Zirakpur, Mohali, Punjab 140604, India, for consideration & approval of audited financial results of our Company for the period ended on March 31, 2022 by its Board of Directors.

Further, pursuant to SEBI (Prohibition of Insider Trading), Regulations, 2015 read with Company's code of conduct for prevention of insider trading, the trading window for dealing in the Company's shares will remain closed since listing of equity shares, for all designated persons and their immediate relatives till 48 hours after the announcement to the Stock Exchange of the audited financial results of the Company.

Kindly take the above intimation on your records.

Thanking you.

Yours faithfully,

For Jeena Sikho Lifecare Limited

NANAK CHAND
Chief Financial Officer (CFO)

For JEENA SIKHO LIFECARE LIMITED

Auth. Signatory

Date: 18.07.2022

Place: Zirakpur, Punjab