



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

REGD OFFICE: ZIRAKPUR, SCO 11, Kalgidhar Enclave, Baltana, 98283-91602, 98764-03632
DELHI, NEW MULTAN NAGAR : B-26, Opp. Metro Pillar No. 223, Rohtak Road, 98554-87770, 95554-61115
CIN NO.: U52601PB2017PLC046545 Email ID.: contact@jeenasikho.co.in

Ref. No.

Dated

Date: 29/09/2022

To,

National Stock Exchange of India Limited

'Exchange Plaza', 5th Floor,
C-Block-G, Bandrakurla Complex
Bandra (East), Mumbai 400051

SYMBOL: JSLL

ISIN: INE0J5801011

Sub: Summary of Proceedings of 5th Annual General Meeting (AGM) of the Company held on September 29, 2022.

Dear Sir/ Ma'am,

Pursuant to the Regulation 30 of Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (the 'Listing Regulations'), we hereby inform you that the 5th AGM of the Company was held on Thursday, September 29, 2022 at 12:00 P.M and concluded at 1:10 P.M. at Shuddhi Ayurveda Panchkarma Hospital, Pind Devinagar, Hadbast No. 18 Tehsil, Derabassi Dist. Punjab 140507.

Ms. Nikita Juneja welcomed and introduced the Board of Directors and Scrutinizers to the 5th Annual General Meeting.

Mr. Manish Grover, Managing Director of the Company, occupied the chair and welcomed all the Members and invitees present at the meeting and conducted the proceedings of the AGM.

The requisite quorum being present, the Chairman called the Meeting to order. Thereafter, the Notice of the 5th Annual General Meeting was taken as read as the same was already circulated to the Members.

Further, the Chairman informed the Members that the Auditors' Report was free from any qualifications, observations or comments on financial transactions or matters which have an adverse effect on the functioning of the Company.

The Company Secretary informed the Members that M/S T A S K and Company, Chartered Accountants, was appointed as the Scrutinizer to supervise the voting process at the AGM.

The Chairman apprised the Members on the performance of the Company for the Financial Year 2021-2022.

Following items were transacted at the AGM:

S. No.	Particulars	Type of Resolution
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A.	Ordinary Business	
1.	To receive, consider and adopt the Audited Accounts of the Company for the financial period ended on 31 st March 2022 together with the reports of Directors and Auditors thereon.	Ordinary Resolution
2.	To re-appoint Mr. Manish Grover as a Director who retires by rotation & being eligible offers himself for re-appointment.	Ordinary Resolution
B.	Special Business	
3.	To Fix remuneration of Mr. Manish Grover, Managing Director of the company.	Special Resolution
4.	To Fix remuneration of Mrs. Bhavna Grover, Whole-Time Director of the company.	Special Resolution
5.	To approve related party transactions.	Ordinary Resolution

It was informed that the voting results along with the Scrutinizer's Report would be announced within 48 hours of the conclusion of the AGM.

The Company Secretary then invited the Members to ask their queries, give suggestion and seek clarifications, if any and the same were responded by Mr. Manish Grover, Managing Director of the Company.

The scrutinitiser announced that the results will be announced within 48 hours of the conclusion of the Annual General Meeting.

The Chairman thanked the Members for attending the AGM and declared the Meeting to be concluded.

The above said information is being made available on the Company's website at www.jeenasikho.co.in.

Kindly take the same on record.

Thanking you,
Yours faithfully,

For Jeena Sikho Lifecare Limited

Manish Grover
Managing Director