



100 वर्षों तक स्वस्थ,
सुखी व सम्पन्न जीने के लिए



JEENA SIKHO LIFECARE LIMITED

(Formerly known as Jeena Sikho Lifecare Private Limited)

REGD OFFICE: SCO-11, Kalgidhar Enclave, Baltana, Zirakpur, Punjab-140604, 01762-513185
Branch: B-26, Opp. Metro Pillar No. 223, Rohtak Road, New Multan Nagar, Delhi - 110056

CIN NO.: L52601PB2017PLC046545

Email ID.: cs@jeenasikho.co.in

To,

Date: 23/10/2023

Listing Compliance Department

National Stock Exchange of India Ltd.
Exchange Plaza, Bandra Kurla Complex,
Bandra (East), Mumbai-400051

SYMBOL: JSLL
ISIN: INE0J5801011

Sub: Summary Proceedings of the Extra-Ordinary General Meeting (EGM) of the Company held on October 23, 2023
Ref: Disclosure under Regulations 30 of SEBI (Listing Obligations and Disclosure Requirements) Regulations, 2015

Dear Sir/Ma'am

Pursuant to the Regulation 30 of Securities and Exchange Board of India (Listing Obligations and Disclosure Requirements) Regulations, 2015 (the 'Listing Regulations, 2015'), we hereby inform you that the Extra Ordinary General meeting (EGM) of the Company was held on Monday, October 23, 2023 commencing at 12:00 P.M. and concluded at 01:15 P.M. held at Shuddhi Ayurveda Panchkarma Hospital, Pind Devinagar, Hadbast No. 18 Tehsil, Derabassi Dist, Punjab – 140507 to transact the items of business stated in the EGM notice dated September 25, 2023.

The Company Secretary, Ms. Anshika Garg, welcomed the members and introduced the Board of Directors and Scrutinizers to the Extra-Ordinary General Meeting.

Mr. Manish Grover, Managing Director of the Company, occupied the chair and welcomed all the Members and invitees, present at the meeting and conducted the proceedings of the EGM.

The requisite quorum being present, the Chairman called the meeting to order. Thereafter, the Notice of the Extra- Ordinary General Meeting was taken as read as the same was already circulated to the Members.

The Chairman informed the Members that pursuant to the provisions of the Companies Act, 2013 read with the listing Regulations, 2015, the Company had provided e-voting facility to its members on all the resolutions set out in EGM notice. The remote e voting had commenced on Friday, October 20, 2023 at 09:00 A.M. and ended on Sunday, October 22, 2023 at 05:00 P.M.

The Chairman further informed that the members who are present at the meeting and who have not voted through remote e-voting option can vote at this meeting through poll. The Board of Directors had appointed M/s. JNAIN & Associates, Practising Company Secretaries, as the Scrutinizer to supervise the voting process at the EGM and remote e-voting process conducted in a fair and transparent manner.



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Following items were transacted at the EGM:

S. No.	Particulars	Type of Resolution
A.	SPECIAL BUSINESS	
1.	To Increase the Authorized Share Capital of the Company	Ordinary Resolution
2.	To approve the Issue of Bonus share	Ordinary Resolution

It was informed that the voting results along with the Scrutinizer's Report would be announced within 48 hours of the conclusion of the EGM.

The Company Secretary then invited the Members to ask their queries, give suggestion and seek clarifications, if any and the same were responded by Mr. Manish Grover, Managing Director of the Company.

The scrutiniser announced that the results will be announced within 48 hours of the conclusion of the Annual General Meeting.

The Chairman thanked the Members for attending the EGM and declared the Meeting to be concluded.

The above said information is being made available on the Company's website at www.jeenasikho.co.in.

Thanking You
Yours Faithfully

Manish Grover
Managing Director