

1. Name of Listed Entity: Jeena Sikho Lifecare Limited
2. Scrip Code/Name of Scrip/Class of Security: JSLL
3. Share Holding Pattern Filed under: 31b
4. Share Holding Pattern as on: 31-Mar-2023
5. **Declaration:** The Listed entity is required to submit the following declaration to the extent of submission of information:-

S. No.	Particulars	Yes/No	
1	Whether the Listed Entity has issued any partly paid up shares?	No	
2	Whether the Listed Entity has issued any Convertible Securities?	No	
3	Whether the Listed Entity has any shares against which depository receipts are issued?	No	
4	Whether the Listed Entity has any shares in locked-in?	Yes	Promoter and Promoter Group Public Group
5	Whether any shares held by promoters are pledge or otherwise encumbered?	No	
6	Whether the Listed Entity has issued any differential Voting Rights?	No	
7	Whether the Listed Entity has issued any Warrants ?	No	
8	Whether the listed entity has any significant beneficial owner?	No	

Table I - Summary Statement holding of specified securities

Category (I)	Category of shareholder (II)	Nos. of shareholders (III)	No. of fully paid up equity shares held (IV)	No. of Partly paid-up equity shares held (V)	No. of shares underlying Depository Receipts (VI)	Total nos. shares held (VII) = (IV)+(V)+(VI)	Shareholding as a % of total no. of shares (Calculated as per SCRR, 1957) (VIII) As a % of (A+B+C2)	Number of Voting Rights held in each class of securities (IX)				No. of Shares Underlying Outstanding Convertible securities (including Warrants) (X)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI) = (VII)+(X) As a % of (A+B+C2)	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of equity shares held in dematerialized form (XIV)
								No of Voting Rights			Total as a % of (A+B+C)			No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total Shares held (b)	
								Class eg: X	Class eg: y	Total								
A	Promoter & Promoter Group	6	9143000	0	0	9143000	66.2	9143000	0	9143000	66.2	0	66.2	9100000	99.53	0	0	9143000
B	Public	657	4668192	0	0	4668192	33.8	4668192	0	4668192	33.8	0	33.8	1011192	21.66			4668192
C	Non Promoter- Non Public	0	0	0	0	0		0	0	0	0	0		0	0			0
C1	Shares underlying DRs	0	0	0	0	0		0	0	0	0	0		0	0			0
C2	Shares held by Employee Trusts	0	0	0	0	0	0	0	0	0	0	0	0	0	0			0
	Total	663	13811192	0	0	13811192	100	13811192	0	13811192	100	0	100	10111192	73.21	0	0	13811192

Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

	Category & Name of the Shareholders (I)	PAN (II)	No. of share holder (III)	No. of fully paid up equity shares held (IV)	Partly paid-up equity shares held (V)	Nos. of shares underlying Depository Receipts (VI)	Total nos. shares held (VII = IV+V+VI)	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2) (VIII)	Number of Voting Rights held in each class of securities (IX)			No. of Shares Underlying Outstanding convertible securities (including Warrants) (X)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI) = (VII)+(X) as a % of A+B+C2	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of equity shares held in dematerialized form (XIV)	
									No of Voting Rights					Total as a % of Total Voting rights	No. (a)	As a % of total Shares held (b)	No. (a)		As a % of total shares held (b)
									Class X	Class Y	Total								
1	Indian		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
a	Individuals/Hindu undivided Family		6	9143000	0	0	9143000	66.2	9143000	0	9143000	66.2	0	66.2	9100000	99.53	0	0	9143000
	Manish Grover	-	1	9048360	0	0	9048360	65.51	9048360	0	9048360	65.51	0	65.51	9005360	99.52	0	0	9048360
	Bhavna Grover	-	1	91000	0	0	91000	0.66	91000	0	91000	0.66	0	0.66	91000	100	0	0	91000
	Shreya Grover	-	1	910	0	0	910	0.01	910	0	910	0.01	0	0.01	910	100	0	0	910
	Akansha Jain	-	1	910	0	0	910	0.01	910	0	910	0.01	0	0.01	910	100	0	0	910
	Sahil Jain	-	1	910	0	0	910	0.01	910	0	910	0.01	0	0.01	910	100	0	0	910
	Mukesh Grover	-	1	910	0	0	910	0.01	910	0	910	0.01	0	0.01	910	100	0	0	910
b	Central Government/ State Government(s)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
c	Financial Institutions/ Banks		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
d	Any Other (specify)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Sub-Total (A)(1)		6	9143000	0	0	9143000	66.20	9143000	0	9143000	66.20	0	66.20	9100000	99.53	0	0	9143000
2	Foreign		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
a	Individuals (Non-Resident Individuals/ Foreign Individuals)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
b	Government		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
c	Institutions		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
d	Foreign Portfolio Investor		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
e	Any Other (specify)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Sub-Total (A)(2)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Total Shareholding of Promoter and Promoter Group (A)= (A)(1)+(A)(2)		6	9143000	0	0	9143000	66.20	9143000	0	9143000	66.20	0	66.20	9100000	99.53	0	0	9143000

c	Key Managerial Personnel		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
d	Relatives of promoters (other than "Immediate Relatives" of promoters disclosed under "Promoter and Promoter Group" category)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
e	Trusts where any person belonging to "Promoter and Promoter Group" category is "trustee", "beneficiary", or "author of the trust"		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
f	Investor Education and Protection Fund (IEPF)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
g	Resident Individuals holding nominal share capital up to Rs. 2 lakhs		542	1235000	0	0	1235000	8.94	1235000	0	1235000	8.94	0	8.94	0	0		1235000
h	Resident Individuals holding nominal share capital in excess of Rs. 2 lakhs		15	876000	0	0	876000	6.34	876000	0	876000	6.34	0	6.34	0	0		876000
	Manoj Agarwal	-	1	213000	0	0	213000	1.54	213000	0	213000	1.54	0	1.54	0	0		213000
i	Non Resident Indians (NRIs)		12	57000	0	0	57000	0.41	57000	0	57000	0.41	0	0.41	0	0		57000
j	Foreign Nationals		0	0	0	0	0	0	0	0	0	0	0	0	0	0		0
k	Foreign Companies		0	0	0	0	0	0	0	0	0	0	0	0	0	0		0
l	Bodies Corporate		30	2145192	0	0	2145192	15.53	2145192	0	2145192	15.53	0	15.53	1011192	47.14		2145192
	OREGANO LIFE PRIVATE LIMITED	-	1	1385192	0	0	1385192	10.03	1385192	0	1385192	10.03	0	10.03	1011192	73		1385192
m	Any Other (specify)		58	355000	0	0	355000	2.57	355000	0	355000	2.57	0	2.57	0	0		355000
	Clearing Members		1	1000	0	0	1000	0.01	1000	0	1000	0.01	0	0.01	0	0		1000
	Firm		3	39000	0	0	39000	0.28	39000	0	39000	0.28	0	0.28	0	0		39000
	HUF		53	314000	0	0	314000	2.27	314000	0	314000	2.27	0	2.27	0	0		314000
	Trusts		1	1000	0	0	1000	0.01	1000	0	1000	0.01	0	0.01	0	0		1000
	Sub-Total (B)(4)		657	4668192	0	0	4668192	33.8	4668192	0	4668192	33.8	0	33.8	1011192	21.66		4668192
	Total Public Shareholding (B)=(B)(1)+(B)(2)+(B)(3)+(B)(4)		657	4668192	0	0	4668192	33.8	4668192	0	4668192	33.8	0	33.8	1011192	21.66		4668192

Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder

	Category & Name of the Shareholders (I)	PAN (II)	No. of share holder (III)	No. of fully paid up equity shares held (IV)	Partly paid-up equity shares held (V)	Nos. of shares under lying Depository Receipts (VI)	Total no. shares held (VII = IV+V+VI)	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2) (VIII)	Number of Voting Rights held in each class of securities (IX)			No. of Shares Underlying Outstanding convertible securities (including Warrants) (X)	Total shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) (XI)	Number of Locked in shares (XII)		Number of Shares pledged or otherwise encumbered (XIII)		Number of equity shares held in dematerialized form (XIV) (Not Applicable)	
									No of Voting Rights					Total as a % of Total Voting rights	No.	As a % of total Shares held	No. (Not applicable)		As a % of total shares held (Not applicable)
									Class X	Class Y	Total								
1	Custodian/DR Holder		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
2	Employee Benefit Trust / Employee Welfare Trust under SEBI (Share Based Employee Benefits and Sweat Equity) Regulations, 2021		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
	Total Non-Promoter- Non Public Shareholding (C)= (C)(1)+(C)(2)		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

Table V - Statement showing shareholding pattern of the Significant Beneficiary Owner (SBO)

Name	PAN	Passport No. in case of a foreign national	Nationality	Details of holding/ exercise of right of the SBO in the reporting company, whether direct or indirect*				Date of creation / acquisition of significant beneficial interest	
				Shares	Voting rights	Rights on distributable dividend or any other distribution	Exercise of control	Exercise of significant influence	

Table II- Unclaim Details

Details of Shares which remain unclaimed may be given here along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.	
No. of shareholders	No of share held

Table III- Unclaim Details

Details of Shares which remain unclaimed may be given here along with details such as number of shareholders, outstanding shares held in demat/unclaimed suspense account, voting rights which are frozen etc.	
No. of shareholders	No of share held

Table III- Person in Concert

Details of the shareholders acting as persons in Concert including their Shareholding			
Name of shareholder	Name of PAC	No. of share	Holding %