

**Format of holding of specified securities**

1.	Name of Listed Entity:	JEENA SIKHO LIFECARE LIMITED	
2.	Scrip Code/Name of Scrip/Class of Security		
3.	Share Holding Pattern Filed under: Reg. 31(1)(a)/Reg. 31(1)(b)/Reg.31(1)(c)	<b>Reg.31(1)( c)</b>	
a.	If under 31(1)(b) then indicate the report for Quarter ending	<b>19/04/2022 (Post Issue)</b>	
b.	If under 31(1)(c) then indicate date of allotment/extinguishment		
4.	<b>Declaration:</b> The Listed entity is required to submit the following declaration to the extent of submission of information:-		
	<b>Particulars</b>	<b>Yes*</b>	<b>No*</b>
1.	Whether the Listed Entity has issued any partly paid up shares?		No
2.	Whether the Listed Entity has issued any Convertible Securities or Warrants?		No
3.	Whether the Listed Entity has any shares against which depository receipts are issued?		No
4.	Whether the Listed Entity has any shares in locked-in?	Yes	
5.	Whether any shares held by promoters are pledge or otherwise encumbered?		No
<p><i>* If the Listed Entity selects the option 'No' for the questions above, the columns for the partly paid up shares, Outstanding Convertible Securities/Warrants, depository receipts, locked-in shares, No of shares pledged or otherwise encumbered by promoters, as applicable, shall not be displayed at the time of dissemination on the Stock Exchange website. Also wherever there is 'No' declared by Listed Entity in above table the values will be considered as 'Zero' by default on submission of the format of holding of specified securities.</i></p>			
5.	The tabular format for disclosure of holding of specified securities is as follows:-		

Table I - Summary Statement holding of specified securities

Category	Category of shareholder	Nos. of shareholders	No. of fully paid up equity shares held	No. of Partly paid-up equity shares held	No. of shares underlying Depository Receipts	Total nos. shares held	Shareholding as a % of total no. of shares (calculated as per SCRR, 1957) As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities ( as a percentage of diluted share capital) As a % of (A+B+C2)	Number of Locked in shares		Number of Shares pledged or otherwise		Number of equity shares held in dematerialized form	
								No of Voting Rights					Total as a % of (A+B+C)	No. (a)	As a % of total Shares held (b)	No. (a)		As a % of total Shares held (b)
								Class:Equity	Class:Equity	Total								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)=(IV)+(V)+(VI)	(VIII)	(IX)			(X)	(XI)=(VII)+(X)	(XII)		(XIII)		(XIV)	
(A)	Promoter & Promoter Group	6	9100000	0	0	9100000	65.89	9100000	9100000.00	65.89	0	65.89	9100000	100.00	0		9100000	
(B)	Public	1945	4711192	0	0	4711192	34.11	4711192	4711192.00	34.11	0	34.11	1011192	21.46	0		4711192	
(C)	Non Promoter- Non Public					0												
(C1)	Shares underlying DRs	0			0	0		0	0	0.00			0		0		0	
(C2)	Shares held by Employee Trusts	0	00	0	0	0	0.00	00	0	0.00	0	0.00	0		0		0	
	Total	1951	13811192	0	0	13811192	100.00	13811192	0.00	13811192.00	100.00	0	100.00	10111192	100.00	0	0.00	13811192

Table II - Statement showing shareholding pattern of the Promoter and Promoter Group

	Category & Name of the Shareholders	Entity type i.e. promoter OR promoter group entity (except promoter)	No. of shareholder	No. of fully paid up equity shares held	Partly paid-up equity shares held	Nos. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities				No. of Shares Underlying Outstanding convertible securities (including Warrants)	Shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital) as a % of A+B+C2	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialized form
									No of Voting Rights			Total as a % of Total Voting rights			No. (a)	As a % of total Shares held (b)	No. (a)	As a % of total shares held (b)	
									Class X	Class Y	Total								
(I)	(II)	(III)	(IV)	(V)	(VI)	(VII)=(IV)+(V)+(VI)	(VIII)	(IX)				(X)	(XI)=(VII)+(X)	(XII)		(XIII)	(XIV)		
1	Indian																		
(a)	Individual/Hindu Undivided Family		6	9100000	0	0	9100000	65.89	9100000	0	9100000	65.89	0	65.89	9100000	100.00	0	0.00	9100000
	MANISH GROVER	Promotor		9005360	0		9005360	65.20	9005360		9005360	65.20	0	65.20	9005360	100.00	0	0.00	9005360
	BHAVINA GROVER	Promotor		91000	0		91000	0.66	91000		91000	0.66	0	0.66	91000	100.00	0	0.00	91000
	SHREYA GROVER	Promotor Group		910	0		910	0.01	910		910	0.01	0	0.01	910	100.00	0	0.00	910
	AKANSHA JAIN	Promotor Group		910	0		910	0.01	910		910	0.01	0	0.01	910	100.00	0	0.00	910
	SAHIL JAIN	Promotor Group		910	0		910	0.01	910		910	0.01	0	0.01	910	100.00	0	0.00	910
	MUKESH GROVER	Promotor Group		910	0		910	0.01	910		910	0.01	0	0.01	910	100.00	0	0.00	910
(b)	Central Government/State Government(s)		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
(c)	Financial Institutions/Banks		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
(d)	Any Other (Specify)		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
	Sub Total (A)(1)		6	9100000	0	0	9100000	65.89	9100000	0	9100000	65.89	0	65.89	9100000	100.00	0	0.00	9100000
2	Foreign						0	0.00			0	0.00		0.00		0.00		0.00	
(a)	Individual/Non Resident Individual/Foreign Individual		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
(b)	Government		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
(c)	Institutions		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
(d)	Foreign Portfolio Investor		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
(e)	Any Other (Specify)		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
	Sub Total (A)(2)		0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0
	Total Shareholding of Promoter and Promoter Group (A)=(A)(1)+(A)(2)		6	9100000	0	0	9100000	65.89	9100000	0	9100000	65.89	0	65.89	9100000	100.00	0	0.00	9100000

Table III - Statement showing shareholding pattern of the Public shareholder

	Category & Name of the Shareholders	Nos. of shareholder	No. of fully paid up equity shares held	Partly paid up equity shares held	Nos. of shares underlying Depository Receipts	Total nos. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Total shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialized form	
								No of Voting Rights					Total as a % of Total Voting rights	No. (a)	As a % of total Shares held (b)	No. (Not applicable) (a)		As a % of total shares held (Not applicable) (b)
								Class X	Class Y	Total								
	(I)	(III)	(IV)	(V)	(VI)	(VII)=(IV)+(V)+(VI)	(VIII)	(IX)			(X)	(XI)=(VII)+(X)	(XII)		(XIII)		(XIV)	
1	Institutions																	
(a)	Mutual Fund	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(b)	Venture Capital Funds	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(c)	Alternate Investment Funds	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(d)	Foreign Venture Capital Investor	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e)	Foreign Portfolio Investors	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(f)	Financial Institutions/Banks	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(g)	Insurance Companies	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(h)	Provident Fund/Pensions Funds	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(i)	Any Other Specify	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
	Sub Total (B)(1)	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
2	Central Government/State Government/President of India	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
	Sub Total (B)(2)	0	0	0	0	0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
3	Non-Institutions																	
(a)	1. Individual Shareholders holding Nominal Share Capital Up to 2 Lacs	1738	2208000	0		2208000	15.99	2208000	2208000	15.99	0	15.99	0	0.00	0	0.00	0	0.00
	2. Individual Shareholders holding Nominal Share Capital Above 2 Lacs	14	561000	0		561000	4.06	561000	561000	4.06	0	4.06	0	0.00	0	0.00	0	0.00
(b)	NBFCs Registered with RBI	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(c)	Employee Trusts	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e)	Any other (Specify)	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e1)	Bodies Corporate	10	1593192	0		1593192	11.54	1593192	1593192	11.54	0	11.54	1011192	21.46	0	0.00	0	0.00
	OREGANO LIFE PRIVATE LIMITED		1011192	0		1011192	7.32	1011192	1011192	7.32	0	7.32	1011192	21.46	0	0.00	0	0.00
	MANSUKH SECURITIES AND FINANCE LIMITED MANSUKH		306000	0		306000	2.22	306000	306000	2.22	0	2.22	0	0.00	0	0.00	0	0.00
	M/S PRABHAT FINANCIAL SERVICES LIMITED - PROPRIETARY ACCOUNT		186000	0		186000	1.35	186000	186000	1.35	0	1.35	0	0.00	0	0.00	0	0.00
(e2)	Non Resident Indians	22	71000	0		71000	0.51	71000	71000	0.51	0	0.51	0	0.00	0	0.00	0	0.00
(e3)	Resident Indian Huf	161	278000	0		278000	2.01	278000	278000	2.01	0	2.01	0	0.00	0	0.00	0	0.00
(e4)	Trusts	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e5)	Clearing Members/House	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e6)	Foreign Companies	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e7)	IEPF	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e8)	Escrow Account	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e9)	Firms	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
(e10)	Others	0	0	0		0	0.00	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00
	Sub Total (B)(3)	1945	4711192	0	0	4711192	34.11	4711192	4711192	34.11	0	34.11	1011192	21.46	0	0.00	0	0.00
	Total Public Shareholding (B) = (B)(1)+(B)(2) + B (3)	1945	4711192	0	0	4711192	34.11	4711192	4711192	34.11	0	34.11	1011192	21.46	0	0.00	0	0.00

Table IV - Statement showing shareholding pattern of the Non Promoter- Non Public shareholder

Category & Name of the Shareholders	No. of shareholder	No. of fully paid up equity shares held	Partly paid-up equity shares held	Nos. of shares underlying Depository Receipts	Total no. shares held	Shareholding % calculated as per SCRR, 1957 As a % of (A+B+C2)	Number of Voting Rights held in each class of securities			No. of Shares Underlying Outstanding convertible securities (including Warrants)	Total shareholding, as a % assuming full conversion of convertible securities (as a percentage of diluted share capital)	Number of Locked in shares		Number of Shares pledged or otherwise encumbered		Number of equity shares held in dematerialized form (Not Applicable)	
							No of Voting Rights					Total as a % of Total Voting rights	No.	As a % of total Shares held	No. (Not applicable)		As a % of total shares held (Not applicable)
							Class X	Class Y	Total								
(I)	(III)	(IV)	(V)	(VI)	(VII)=(IV)+(V)+(VI)	(VIII)	(IX)			(X)	(XI)=(VII)+(X)	(XII)		(XIII)		(XIV)	
C1	Custodian/DR Holder	0	0	0	0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0
C2	Employees Benefit Trust (Under SEBI (Share Based Employee Benefit Regulation 2014)	0	0	0	0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0
	Total Non Promoter Non Public Shareholding (C)= (C1)+(C2)	0	0	0	0	0	0	0	0	0.00	0	0	0	0.00	0	0.00	0

**Table V - Statement Showing Details of Significant beneficial Owners (SBOs)**

Sr .No.	Details of the SBO		Details of the Registered Owner			Details of Holding/ exercise of right of the SBO in the reporting company, Whether direct or Indirect			Date of creation / acquisition of significant beneficial interest
	(1)		(II)			(III)			(IV)
	Name	Nationality	Name	PAN/Passport No. in case of a foreign national	Nationality	Whether by Virtue of :			
						Shares		%	
						Voting Rights		%	
						Rights of distributable dividend or any other distribution		%	
						Exercise of control			
						Exercise of significant influence			

\* In case the nature of the holding/ exercise of the right of a SBO falls under multiple categories specified under (a) to (e) under Column III, multiple rows for the same SBO shall be inserted .....accordingly for each of the categories.

\* This column shall have the details as specified by the listed entity under Form No. BEN-2 as submitted to the Registrar.